



Discovery Centres Waste Wise Challenge!! *Nude Food! What's in your lunchbox?*



Horary, your school has been lucky enough to have a trip to the beautiful Wollongong Botanic Gardens planned!

Here at the Discovery Centre we want to encourage you to enter the waste wise challenge while you are visiting us.

We want you to bring your morning tea and lunch as Nude as possible. That means with as minimal amount of packaging. The goal is to have the most amount of weight and volume in the compostable bin, and the minimal amount of in the bin that will eventually go to the dump.



The challenge if you choose to accept it is;

1. Bring you food as nude as possible with minimal packaging
2. Bring food that we can give the left over's to our worms or compost bin
3. If packaging is needed make sure that it is recyclable



Your class could win daily prizes, and if you are the school that has the lowest volume of waste during your visit, you will win one of the major prizes for your school at the end of the term!

Hints to Achieving the Discovery Centres Waste Wise Challenge



On the day of your visit the Discovery Centre Team will measure the weight and volume of each of the three types of rubbish bins that we will provide you at recess and lunch. The three bins will be;

Green Bin

We want this bin to be full as we have a very hungry worms and compost bins to feed. But we only want the scraps. You need to eat most of it before we can make it into compost



Yellow Bin

This bin is for all of your recyclables such as plastic bottles, firm plastic, paper containers



Red Bin

Everything that gets put into this bin will end up at the dump! We want to see as minimal amount in this bin, such as packaging, soft plastic wrappers

TIPS!

Trying to reduce the amount of rubbish we sent to the dump starts when you are doing your household shopping. Here are some easy tips so you can make your food as nude as possible!

1. Buy food in bulk and then fill up re-usable containers
2. Try to avoid individually wrapped foods like chip packets, rather buy a big packet and separate smaller portions into reusable bags or containers
3. If packaging is unavoidable, make sure it is recyclable

