

Second Spring

A New Phase of Life



- * How you can evolve when you least expect it?
- * *Personal transformation* : From a dragon lady to a Buddhist nun
- * Journey of life - Corporate world ---Therapist --- Teacher --- Buddhist Nun
- * *The Path of Realization*
 - Search for a purpose
 - Empathy (feeling for others suffering)
 - Compassion (Action with Wisdom)
 - Actualization
- * *Endless limits and potential for humans*
 - to be open to new possibilities