

# IL BENESSERE NELL' ILLAWARRA

(Wellbeing in the Illawarra)

**‘You breathe better when you give’**



- **Migration**

Giulia arrived in Australia in 1961 from Italy with her husband and 3 children.

*“I was not like most women back then, I chose to migrate. Most women followed their husbands.”*

*“I wanted a better life for my children”*

- **Family**

Bonegilla Hostel, Albury, to Fairy Meadow Hostel, then to Kanahooka. Her husband worked at the steelworks.

2 children born in Italy, 1 in Argentina, last child born in Wollongong.

*“I enjoyed meeting new people. I have as many Australian born friends as Italian friends”.*

- **Work and Community**

Translator at the Children’s Court.

Good Neighbour Council, welcoming new migrants to Wollongong (this later became the Ethnic Communities Council)

Founding member of *Itsowel* – the Italian Social Welfare Organisation

As a breast cancer survivor, worked to promote mammograms to women from ethnic communities.